



Time	Session	Description	Fee
Saturday, October 21, 2023			
9:00-10:00 a.m.	Roundtable D/B/J	This session is an open discussion around working with Girl Scout Daisies, Brownies, and Juniors. Ask questions, share best practices, and generate ideas on activities and badge work.	
	Martial Arts	Led by a trained martial arts instructor, spend some time learning martial arts and leave the weekend with a new skill.	
	Take Action 101	Take Action projects don't have to be large and complex. Learn what a Take Action project is all about and how to identify projects for all ages.	
10:15-11:15 a.m.	Roundtable C/S/A	This session is an open discussion around working with Girl Scout Cadettes, Seniors, and Ambassadors. Ask questions, share best practices, and generate ideas on activities and badge work.	
	Outdoor Art	Explore your creative side and join this session for new art techniques, while enjoying the outdoors.	
	ODT Hike	Go explore on this short hike! The hike is less than a mile with a little elevation and good for beginners.	
2:00-3:00 p.m.	Trifecta	Volunteers who want to learn more about the Trifecta (Bronze, Silver, and Gold Awards) should join this session to get a better understanding of what it is and how girls can earn it.	
	Reverse Tie-Dye	Want to try something new and crafty this weekend? Join this session to reverse tie-dye!	
	Demystifying the Outdoors: You Got 'Em There...Now What?	This session will explore ideas and resources for using the outdoors as a classroom to teach skills, knowledge, and stewardship.	

3:15-4:15 p.m.	Roundtable D/B/J	This session is an open discussion around working with Girl Scout Daisies, Brownies, and Juniors. Ask questions, share best practices, and generate ideas on activities and badge work.	
	Roundtable C/S/A	This session is an open discussion around working with Girl Scout Cadettes, Seniors, and Ambassadors. Ask questions, share best practices, and generate ideas on activities and badge work.	
	Demystifying STEM	What do you do when your STEM is a stick, not a pillar? Learn how to support your troop through a STEM pillar activity—even if you're not an expert. Discover the intention and skills behind this pillar and ways to bring your strengths to STEM activities. Includes ideas for all levels, hands-on experimentation, and help with the multi-level badge series.	\$5 per person for materials and copies
6:15-8:15 p.m.	Fall for Crafts (OPTIONAL)	Relax with your favorite beverage while learning an art form you can take back to your troop. Participants will complete at least one project and take home materials to teach with.	\$10 per person for materials
Sunday, October 22, 2023			
9:00 a.m.- 1:00 p.m.	CPR/First Aid Recertification	This session is for those who need to renew their CPR & First Aid Certification. The course will require an online portion to be completed prior to taking the session. Participants will receive instructions on this course after registration. It is free of charge and space is limited.	
	Level 1 Archery Facilitator Training	Level 1 Archery Instructor Certification (8-hour course) provides you with the knowledge to safely run an indoor and outdoor archery range. Level 1 instructors are prepared to teach beginner archery programs to people of all ages and abilities. Instructors learn about range safety, equipment maintenance, range set up, and steps of shooting. This certification is a hybrid mix of online and in-person instruction. The online portion will be sent to you prior and should be completed before the in-person training.	\$60
	Big Boy Hike	This hike is a mile in and a mile back (2 miles total) but involves an elevation gain of 800 ft. It is considered a very difficult hike and it is very strenuous. Participants will need to have the following supplies: Hiking shoes (or shoes with GOOD traction), a filled water bottle, and a snack. Trekking poles are optional, but suggested. Long pants that can get dirty are also highly suggested.	
9:00 a.m.- 12:00 p.m.	Camp Service Project	Help make Camp WaBak even more beautiful! Take some time to volunteer in helping camp staff clean up the grounds, make simple repairs, and improve the overall camp environment.	
1:00-5:00 p.m.	Small Watercraft Safety Training (OPTIONAL)	The Girl Scouts of USA Small Watercraft Safety Training and workbook focuses on canoes and kayaks. You will learn about small watercraft safety, basic water rescue, and moving water safety. Participants should have previous experience kayaking and canoeing. Participants must be currently certified in First Aid and CPR and be able to swim. Participants may be required to regularly pick up canoes and kayaks and supporting equipment, such as paddles, that may independently and/or combined exceed 40 lbs. Participants are required to enter and exit canoes without assistance. Participants must also wear water appropriate clothing with closed-toe water shoes or sandals (Keens and Crocs are examples of acceptable footwear).	\$20